

# Health Information Form

**This section to be completed by the Camp/Holiday Leader**

Camp/Holiday Location	Corf Scout Camp, Corf Road, Shalfeet, Newport, Isle of Wight, PO30 4NT	From Saturday 24th July 2010
Grid Reference:		To Sunday 1st August 2010
Camp/Holiday Leader	Paul Boreham	Assistant Camp Leaders - Dave Monteith, Jason O'Brien and all other warranted 5th Dartford Leaders

**This section (both sides) is to be completed by the Parent or Guardian of the young person named below. Please answer the following questions as fully as possible. As in the event of your child requiring emergency treatment, it will help the medical authorities in deciding which is the most appropriate treatment to give. (Please complete in BLOCK CAPITALS)**

Surname	
Forenames	
Date of Birth	
National Health Service Number	
Date of last Tetanus injection	
May bathe under Supervision	Yes / No
Parent/Guardians Address During the Camp/Holiday	Family Doctors Name and Address
Telephone	Telephone

I hereby give permission for my child to attend the aforementioned Camp.

If it becomes necessary for my child to receive medical treatment and I cannot be contacted by telephone or any other means to authorise this, I hereby give my general consent to any necessary medical treatment and authorise the Camp/Holiday leader named overleaf (or in their absence one of the assistant camp/holiday leaders named overleaf), to sign any document required by the hospital authorities.

I will inform the Camp/Holiday Leader if any of the information given on this form changes before the event takes place.

Name of Parent/Guardian		Relationship to Young Person
Signature		Date



Your son will need to bring his own personal equipment and they should be able to pack their own kit.

- |   |  |
|---|--|
| <input type="checkbox"/> Top half of Uniform (Scout Shirt and Neckerchief)                              | <input type="checkbox"/> Rucksack/Holdall (NO suit/hard cases)         |
| <input type="checkbox"/> Pocket Money ( <b>£20</b> Max for Scouts (in change))                          | <input type="checkbox"/> Sleeping Bag                                  |
| <input type="checkbox"/> Polythene Bags to Separate Clean/Dirty Items                                   | <input type="checkbox"/> Roll/Kari Mat                                 |
| <input type="checkbox"/> Pajamas  | <input type="checkbox"/> Underclothes                                  |
| <input type="checkbox"/> Socks * 2 (Walking type)   | <input type="checkbox"/> T-shirts (beware of loose weave and sun burn) |
| <input type="checkbox"/> Shorts Trousers x 2 <span style="margin-left: 100px;"><b>See note 2</b></span> | <input type="checkbox"/> Warm Sweaters/Fleece                          |
| <input type="checkbox"/> Personal Wash Kit  | <input type="checkbox"/> Hike Boots/Strong Shoes                       |
| <input type="checkbox"/> Sun Tan Lotion   | <input type="checkbox"/> Training Shoes                                |
| <input type="checkbox"/> Waterproof Jacket  | <input type="checkbox"/> Water Activity shoes                          |
| <input type="checkbox"/> Torch (with spare batteries)   | <input type="checkbox"/> 2 Tea Towels                                  |
| <input type="checkbox"/> Hat (flag break etc)   | <input type="checkbox"/> Towel(s)                                      |
| <input type="checkbox"/> Plates mugs & cutlery  | <input type="checkbox"/> Drinks Bottle                                 |
| <input type="checkbox"/> Day bag: Packed lunch; drink; waterproof                                       |  |

## General Notes

1. It is mandatory that your son travels to and from the camp in uniform. This is scout rules as well as for insurance purposes.
2. 5<sup>th</sup> Dartford tradition is that ALL Cubs, Scouts, Explorers and Leaders wear short trousers during the day. Short trousers are very practical for camping and scouting activities on both wet and sunny days. However we do recommend that folk change early evening in to long trousers and a warm top.
3. Black bin bags are not suitable for packing as they tear very easily, with the result that the contents get lost or soiled in transit.
4. Please place wash proof name labels in all clothing and label property with either indelible ink and/or engraving as appropriate with your sons/daughters name on. Any lost property will be displayed each day of camp and then donated to a charity shop at the end of camp.
5. No valuables/electronic gadgets to be taken on camp. Tents are not lockable and leaders cannot assure their safekeeping.

## Please Note

**Warm Wear** A number of layers is warmer than one thick one and the warmth can be regulated more easily - do not forget your hands and head.

**Torch** Pack your torch where you can easily locate it and if it is of a type that can be accidentally switched on whilst packed we would recommend removing a battery or inserting a piece of paper to avoid flat batteries. Please note that sunrise will be at 6:20am and sunset at 9:30pm (LED head torches are highly recommended).